



2017

**ESSENTIAL MARCHING
REBELS “NOTE” BOOK:**

Everything you need to know

Welcome to a new marching season! All FHS Marching Rebels members and their parents are expected to read, understand, and abide by the policies contained in this handbook at all times. If you have any questions about any of the policies contained in this handbook, please contact Dr. Lehman at jlehman@fcps.edu or 703-219-2235.

Greetings from the Marching Band Staff at Fairfax High School! We are thrilled to begin on the journey of our 2017 Marching Band program, *City of Dreams*. It is going to be an exciting fall season! There will be some logistical and format changes this fall in an effort to streamline information and maximize instructional (rehearsal) time. If you are a returning marcher (veteran), your experience and knowledge, and leadership will be utilized in both leadership and rookie camps. If you are new to this activity (rookie), you are about to embark on one of the most rewarding, challenging, creative, and fun endeavors of your academic life. Marching band encompasses a number of positive skills and traits that will help you far beyond the marching activity. As August draws near, if you have not been playing your instrument regularly or exercising, now is the time! Our success greatly depends on your level of preparedness.!

Individual attendance is pivotal to our success. Much like an actor without an understudy, no one else can do what you do. **WE NEED YOU!** One's absence has a large impact on the entire ensemble, from music to visual formations. Starting on the date you are assigned ***Your attendance is expected at all rehearsals and performances.*** Of course, there are times when conflicts are simply unavoidable. In those extreme cases, we are very understanding.

The entire fall show is now available on our Google Drive, so make sure you commit it to memory! Also, make sure to run a few laps before camp begins to help get back into shape!

Again, I would like to stress how excited we are to begin working with you on the 2017 show! Enjoy the rest of your summer and we'll see you on July 31 for Leadership and Percussion and August 2 for Rookies!

Musically,
FHS Band Staff

INTRODUCTION

There is a lot of information and many forms contained in this "Note"book. Please take the time to go through everything and contact the Band Booster President (Jaimee Nygaard), Band Booster Marching Band Coordinators (Delia Valentine and Sheri Walker (Pre-Season) and MariAnn Seybold (Competition Season)) or the FHS Band Director (Dr. Jeff Lehman) if you have any questions.

The items in this packet pertain to ALL Marching Rebels (including band marchers AND color guard) unless otherwise noted.

Band Staff and Booster Board Contact Info

Name	Position	E-Mail Address
Dr. Jeffrey Lehman	Band Director	jlehman@fcps.edu
Larry Miller	Color Guard Director	larry.miller.d@gmail.com
Jaimee Nygaard	Band Booster President	FHSBandsPresident@gmail.com
Amy Robinson	Band Booster Vice President of Operations	FHSBandsVicePresident@gmail.com
Delia Valentine Sheri Walker	Band Booster MB Pre-Season Co-Coordinators ^[m1]	delialv@cox.net shwalk02@gmail.com
MariAnn Seybold	Band Booster MB Competition Coordinator	marianneseybold@gmail.com
Stacey Ragan	Band Booster Color Guard Coordinator	msragan04@gmail.com
Sarah Jordan	Band Booster Treasurer	fhsbb.treasurer@gmail.com
Claudia Dwass	Band Booster Uniform Co-Chair	claudia-russ@cox.net
Deb Hertz	Band Booster Uniform Co-Chair	Debhertz7@gmail.com

VACANT	Band Booster Hospitality Chair	
Susan Smullen	Band Booster VP of Volunteers Rookie Coordinator	FHSBandsVolunteers@gmail.com
JoAnne DeMarco	Band Booster VP of Fundraising	FHSBandsFundraising@gmail.com
Ginny Cate	Band Booster VP of Fundraising	FHSBandsFundraising@gmail.com
Ayla Wells	Band Booster Communications Chair	FHSBandsCommunications@gmail.com
Rich Cash Brian Laccone	Band Booster Operations & Equipment Chair	rcash0@yahoo.com brian.laccone@gmail.com
Wendy Littman	Band Booster Secretary	wendyandjustin@gmail.com
VACANT	Band Booster Administrative Liaison	
Courtney Ashmore	Band Booster Tag Day Coordinator	courtney.ashmore@gmail.com
Yolanda Ortiz	Band Booster Spirit Wear Coordinator	fhsbbspiritwear@gmail.com
VACANT	Band Booster Website Coordinator	
VACANT	Band Booster Bake Sale Coordinator	
Karen Kautz	Band Booster Carwash Coordinator	kjkautz@aol.com
Rich & Stacey Cash	Band Booster Winter Drumline Coordinator	fairfaxdrumline@gmail.com

FORMS AND FEES (see also Forms and Fees checklist on page 14)

This packet contains a number of forms which must be returned to the band office prior to specific dates. Please put the forms in the white mail box in the band room.

Items that **MUST** be returned to the band office by the **first day you start camp**:

- FORM #1-T-shirt Order Form
- FORM #2 -Shoe Order Form and fee (required for all new Marching Rebels; if needed for returning students)
- FORM #3 - Emergency Care Form (SS/SE-3) This form was attached to the packet handed out at the interest meeting.

Items that must be turned in to the band office by **August 7th** (first day of full band camp at FHS) are:

- FORM #4 - Field Trip Authorization Form for routine band trips (FS-152)
- FORM #5 - Medication Authorization Form (SE-63) for OTCs - needed for ALL students
- FORM #6 - Medication Authorization Form (SE-63) for Prescribed Medications - if needed during band camp at Fairfax High School
- FORM #7 - Epinephrine Authorization Form (SE-64) - if needed
- FORM #8 - Inhaler Authorization Form (SE-65) - if needed
- FORM #9 - Uniform Rental and Care Agreement OR Color Guard Costume Rental and Care Agreement
- The total marching band fee of \$240.00 paid to www.myschoolbucks.com

Items that must be turned in to the band office by **August 15th**

Several of the forms in this packet pertain to the Away Camp trip (August 21-24). We will be having a student/parent meeting for Away Camp on **August 15** in the FHS Band Room. **This meeting is REQUIRED for all FHS Marching Rebels and at least one parent/guardian.** During this meeting, we will discuss details regarding the trip and the forms that FCPS requires for overnight travel – the following forms will be due by the end of the meeting:

- FORM #10 - Field Trip Authorization Form for Away Camp (FS-152)
- FORM #11 - Activities Authorization/Instrument Inventory
- FORM #12 - FCPS Field Trip Luggage Search Form (FS-143)
- FORM #6 - Medication Authorization Form (SE-63) for Prescribed Medications - if needed during Away Camp
- The total marching band fee of \$240.00

If your student will need medications administered during Away Camp, please also fill out the below form (#13) and place it in a Ziploc bag with your student's medications inside and the student's name on the outside of the bag. Please bring this bag with the medications and form inside it to the FHS Band room Monday morning, August 21, when you drop your student off for away camp. There will be a separate table for medications check-in.

- FORM #13 - Away Camp Medication Schedule Form - if needed

Lastly, here is a completely optional Band Camp Survival Kit Flyer

FHS Band — Campus Survival Kits

Band students love to receive care packages from home and Campus Survival Kits can help. Send your favorite student a little bit of love today!

Orders for kits are online only and must be placed by August 15th. At www.campussurvivalkits.com. A flyer will be distributed with more information. A portion of the proceeds will support the FHS Band Boosters.

FHS BANDS MEDICATION POLICY

The FHS Band program adheres to all FCPS policies and regulations related to the administration of medication during band-related activities. Students participating in band functions will be subject to the same rules and procedures as they would be during the normal school day. As a result, all FHS Band participants must submit an Emergency Care Form, a Medication Authorization Form (form for OTCs is required for all students, a second form for prescribed medicines should also be filled out if it is needed), an Epinephrine Authorization Form (if applicable), and an Inhaler Authorization Form (if applicable).

The Emergency Care Form (SS/SE-3, FORM #3) is the same form you will be required to provide to the school at the start of the academic year, so you may wish to make copies for your future use.

The Medication Authorization Form for OTCs (FORM #5) included in this packet has been pre-populated with over-the-counter medications the band typically carries and will administer on band trips if needed (such as Away Band Camp, marching competitions, etc). **PLEASE CROSS OUT** any medications you **DO NOT WANT** your child to receive. Only a parent signature is required on the OTC medication form.

IMPORTANT: It is CRITICAL that we receive a copy of the OTC Medication Authorization form for EVERY student participating in marching band, so if you do not wish your child to receive ANY medications, please cross out ALL the listed medications, write, “DO NOT ADMINISTER ANY MEDICATIONS” and return the signed form.

In addition, if your child requires any **PRESCRIPTION MEDICATION**, please use the blank copy of the Medication Authorization Form (FORM #6) included in this packet. **A parent signature is sufficient if the prescription is an antibiotic or antiviral medication. Administration of prescription medication other than antibiotics or antivirals by the band program requires that your child’s physician complete Part II of the Medication Authorization form.** Please note: many physicians will require an appointment in order to complete this form, so **leave yourself adequate time to have the form completed PRIOR to August 7.** In addition, this is the same form you will need for the start of the school year, so you might consider getting a blank form signed at the same time you get your band form completed, so that you can provide this form to the clinic at FHS. A blank copy of the form can be obtained at <http://www.fcps.edu/it/forms/se63.pdf>.

If your child carries an Epi-pen and/or a rescue inhaler, please complete the appropriate form(s) (Epinephrine Authorization FORM #7 and/or Inhaler Authorization FORM #8), have your physician complete it, and return it to the band program by August 15. **Please use the appropriate form, rather than adding an Epi-pen or inhaler to the generic Medication Authorization, as the specialized forms are written to permit students to carry Epi-pens and inhalers during the day.** Please note: many physicians will require an appointment in order to complete these forms, so **leave yourself adequate time to have the forms completed PRIOR to August 7.** In addition, these are the same forms you will need for the start of the school year, so you might wish to consider getting a blank or forms signed at the same time you get your band form(s) completed, so that you can provide these forms to the clinic at FHS. A blank copy of the forms can be obtained at <http://www.fcps.edu/it/forms/se64.pdf> (Epinephrine) and <http://www.fcps.edu/it/forms/se65.pdf> (Inhaler). Scroll to the bottom of the page for the forms.

The band will travel with a supply of the over-the-counter medications listed on the Medication Authorization form (e.g., acetaminophen, ibuprofen, antihistamine) should your child need them. ALL medication (prescription and OTC), with the exception of Epi-pens and rescue inhalers, **MUST** be in the possession of an FCPS employee for the duration of all band trips.

Please refer to the Sample Medication Authorization Form included in the packet, and contact Band Booster President, Jaimee Nygaard, or Band Director, Dr. Jeff Lehman, if you have any questions or concerns regarding completion of these forms.

We are encouraging ALL marching band students to have a Pre-Participation physical performed prior to the start of the school year and the results submitted to the Athletic Trainers office at FHS. This is not the same as a well-child physical exam. This way all Marching Rebels will be eligible for treatment by the athletic training staff at school should any injuries occur during practice or a game. The VHSL Pre-Participation Physical Form can be downloaded at the following URL:
<http://www.vhsl.org/doc/upload/smac-ppe-2017-181.pdf>.

CHARMS

Charms is an online, comprehensive music program management system.

As Charms is used as the main band communications tool, please make sure to include student and parent(s) email addresses and cell phone numbers. You can also update your contact information.

If you have not already done so, PLEASE log in and update your personal info! Per FHS, the Charms system may not be active at the beginning of band camp – the weekly Band newsletter will report Charms status.

Go to <https://www.charmsoffice.com/>

Our school code: **FCPSFairfaxHSBand**

Each student has an assigned Password/ID (the first time you login, your password is your student ID number. Please change your password after you log in the first time.)

If you have lost your student ID and have not created a personal password, contact the Band Booster Treasurer.

PAYMENT

Payment for fees has changed this year we will be using My School Bucks to pay all fees.

Sign into myschoolbucks.com.

Click on **SCHOOL STORE**

Click on **BROWSE ALL ITEMS**

Look for the icon for the following three fees:

FHS MARCHING BAND PRE-SEASON

FHS MARCHING BAND

FHS CONCERT BAND (INCLUDES PERCUSSION)

If it is not visible on the first screen, click the **NEXT** button until you see the icon/item.

Click on **VIEW DETAILS** and follow the payment steps from there.

Marching Band Pre-Season is not eligible for any fee waivers, but all of the other fees are. Please contact Dr. Lehman for further instructions on how to apply your waiver, otherwise full payment is expected.

ATTENDANCE AND GRADING POLICIES

The FHS Bands grading policy is outlined in the FHS Bands Student Handbook, which will be distributed to students on the first day of school. Although marching band rehearsal is conducted outside of the school day, it is considered an extension of the classroom and thus, Marching Rebels members are covered by this grading policy. A large portion of a student's individual band grade is based on attendance. It is expected that every student will be prepared technically and mentally for each performance. The primary focus of daily rehearsals is to prepare for performance; therefore, the penalty for an unexcused absence from a performance will be significant and appropriate. Each musical organization's performance is judged by our school, community, our families, and in the case of competitions, judges. One person's absence affects the entire ensemble's performance. The schedule of rehearsals and performances has been published in advance – take care of problems and conflicts **BEFORE** they happen!

EXCUSED ABSENCES

In order for a student to be excused from a rehearsal or a performance, a note or phone call from a parent/guardian must be received, reviewed and approved by the Director as soon as the student becomes aware of the conflict. In the case of an unavoidable emergency, a note or phone call must be received on the student's first day back to school or rehearsal. Timely notification of potential conflicts allows the Director to make adjustments to the ensemble so that the programs (and other students!) are not negatively affected. The schedule of rehearsals and performances has been published in advance – take care of problems and conflicts **BEFORE** they happen! Work schedules, other non-school activities, and family vacations are not acceptable reasons for missing a rehearsal or a performance. If you are participating in other FHS clubs or sports, **ask for a complete semester calendar** for all your activities so that you have the maximum amount of time to identify and resolve potential conflicts. The only excuses that will be accepted for a missed rehearsal or performance will be those involving unavoidable emergencies and sickness.

DISCIPLINE

Discipline is a quality that must come from within the individual, and as such, each student is responsible for his/her own actions as a member of the FHS Bands. Fairfax High School and Fairfax County Public Schools policies govern the FHS Bands at all band functions and events. Any student that violates school rules while participating with the FHS Bands will be subject to all official school disciplinary action. In addition, students who violate school rules and/or band policies may be **subject to dismissal** and will **not** continue to perform or travel with the band.

REHEARSALS

Rehearsals will always **begin** at their stated time. It is the responsibility of each student to arrive at rehearsal early enough to assemble his/her instrument, gather the necessary equipment needed for the day's rehearsal, and report to the marching field. Arriving to rehearsal 10 minutes early is a good habit that will always ensure that students are ready for the beginning of each rehearsal and will make the best use of our valuable rehearsal time. Likewise, rehearsals will **end** promptly at the stated time.

PERFORMANCES

Whether performing at an FHS football game or at a marching band competition, Marching Rebels members are expected to conduct themselves as ambassadors not only for FHS Bands, but for Fairfax High School and the larger Fairfax community as well. It is important to understand that the behavior of each student, while attending an event or performing as a member of the FHS Marching Rebels, reflects upon the entire organization.

During football games, it is the job of the band to support the team (no matter the score!) and keep the crowd involved in the game. The band will play throughout the game – our performance does not end after halftime. Students are expected to remain with the band throughout the entire game, and only band members are allowed to sit with the band. If you must leave the stands to go to the restroom, please ask an adult for permission so that we know where everyone is at all times.

UNIFORMS

A great deal of pride, responsibility, and respect accompanies the wearing of the FHS Marching Rebels uniform and Color Guard Costume. All members are expected to wear the uniform or costume with pride at all times. Whenever you are in uniform or costume and/or with the band, you represent not only yourself but your family, your band, and your school.

Each member is responsible for the proper care of the uniform or costume throughout the season. Damage to the uniform or costume and/or lost pieces becomes the financial responsibility of the student to which it was issued. Marching band uniforms and costumes are expensive to replace – please take care of it and do not place it in a situation where it may become dirty, damaged or lost. **The Marching Rebel student and parent must review, complete and return the uniform or costume agreement**, and address any questions to the Boosters or Dr. Lehman.

While in band uniform, the FHS Marching Rebels will abide by an “all or nothing” policy. Simply put, you are either in full uniform or you are not in any of it. The band uniform will be worn in its entirety while in public – students may only remove portions of the uniform (hats, jackets, gloves) when told to do so by the Director. Jackets, when worn, must always be completely zipped. **The 2017 FHS marching band t-shirt is to be worn underneath the uniform jacket as part of the uniform.**

While in uniform or costume, Marching Rebels members may not chew gum or eat and drink (other than water) without the permission of the Director. **No visible jewelry, earrings, excessive makeup, or fingernail polish** (both males and females) may be worn while in uniform with the exception of color guard members, who may wear face makeup. Long hair (both males and females) must be pulled back and kept up where it will not be visible outside of the band uniform hat.

The uniform or costume will remain in the FHS uniform room when it is not being used by the student (i.e., off season). In addition to the 2017 FHS marching band t-shirt, each band member (not including color guard) must provide the following items as part of the uniform:

- Clean BLACK socks, no patterns, all black. **Socks must come above the ankle.**
- BLACK Drillmaster marching shoes. These shoes have a lifetime guarantee and should last the student for his/her entire tenure as a member of the FHS Marching Rebels. These shoes can be purchased from the FHS Band Boosters at cost for \$33.50 and are required for all Marching Rebels members (except color guard).
- Black cotton gloves. Members will be issued one pair of black gloves as part of the uniform. If gloves become soiled, dirty, or lost, additional pairs of gloves can be purchased from the FHS Band Boosters for \$3.

At the end of the season, each member will be responsible for returning the uniform or costume and all of its pieces to the FHS band uniform room after the last marching band event. Students must return all pieces of the uniform or costume that they were originally issued and will be financially responsible for items that are damaged beyond repair and/or lost.

INSTRUCTIONS FOR BAND UNIFORM CARE – PLEASE READ! (not applicable for color guard)

Our marching uniforms have highly specialized care instructions for dry cleaning, and several parts of the uniform are designed not to be cleaned. Should your uniform become dirty or soiled during the course of the season, please see Dr. Lehman or our uniform chairperson to get a copy of the cleaning instructions before you go to the dry cleaners. Any uniform that has been cleaned incorrectly and is damaged will be replaced at the expense of the student to which it was issued.

- The preferred cleaner is Young's Cleaners. They are located at 10782-F Fairfax Blvd.

AUGUST REHEARSALS (“BAND CAMP”)

- August rehearsals begin for color guard, percussion members, and section leaders on July 31.
- August rehearsals begin for rookies on August 2-4.
- August rehearsals begin for veteran marchers on August 7.

These rehearsals are required and attendance policies and regulations concerning excused absences will be in effect. These August rehearsals are the foundation for which we will base our **entire** 2017 season, and their importance cannot be overstated.

BAND PICTURE

The band group picture and individual student pictures are scheduled by the Athletic Department to be taken in the stadium during band camp. If you wish to purchase the professionally produced band photo and/or an individual photo of your Marching Rebel in uniform or costume, you will need to submit a completed order form and payment by check on the morning of the pictures. Forms are typically provided ahead of time, and can also be filled out that morning. We will endeavor to have the forms available in time for the New Parent

meeting and/or the first day of returning marchers' camp or as soon as we receive them from the Athletic Department.

ATTIRE

During August rehearsals, all students are expected to wear appropriate marching or color guard attire. Acceptable footwear is athletic shoes with socks. Sandals, flip-flops, Crocs, boots, and dress shoes are not appropriate for marching or color guard and may cause injury to the student. Students without proper footwear will not be able to participate in marching or color guard rehearsals until the problem is resolved (this holds true for after school marching rehearsals starting in September as well – please plan ahead).

In addition, students should anticipate and dress appropriately for hot, humid weather. Light colored, loose fitting shorts are **highly** recommended. **White t-shirts are required for all participants during band camp**; tank tops and other sleeveless shirts may seem cooler but actually cause students to become more susceptible to heat because more of their body is exposed to the sun. Hats, sunglasses and **SUNSCREEN** should be worn to protect students from the heat and the sun's rays. Please take care of yourself and do not allow yourself to become sunburned!

In the case of inclement or severe weather, rehearsals will be moved indoors to the FHS band room or hallways. In the case of light rain, have rain gear and be prepared to march or rehearse outside – we have an extremely limited amount of time in which to learn portions of the field show in time for the first football game. At NO TIME will the safety of the band be jeopardized on the account of weather; rehearsals will be brought indoors whenever outdoor rehearsals are considered to be dangerous due to weather conditions.

MEALS

Lunches are NOT provided during August rehearsals at school; students are expected to provide their own lunches each day. It is recommended that students bring their own lunches rather than trying to run out to grab fast food during the lunch break – students who leave FHS during the lunch break do so at their own risk. Long fast food lines and/or bad traffic will not be acceptable excuses for arriving late to afternoon rehearsals; please plan accordingly.

WATER is perhaps the most important aspect to maintaining good health during band camp. Although we will have water available on the marching field during August rehearsals, each marching band member is expected to bring his/her **own large water bottle** to the rehearsal field each day. During short water breaks, students will not have enough time to run into the school for water – please bring it with you. In addition, please take care to limit your intake of carbonated beverages and sodas during August rehearsals, as these drinks will dehydrate you and make you more susceptible to the heat. We are also asking students to be diligent in keeping their water bottles with them during the away camp, as the band is trying to reduce the quantity of disposable paper cups it uses.

EQUIPMENT

All students are required to have their instrument or flags in good working order for all rehearsals and performances. In addition to having a well-maintained instrument and mouthpiece, each student is expected to have the following equipment at every marching rehearsal:

- Woodwinds will be supplied two plastic reeds in an effort to generate more sound. The two reeds should easily last the entire season. However, they may not arrive by the beginning of band camp. Woodwinds are responsible for all wooden reeds, cork grease and swabs.
- Brass players must have valve and slide oil; trombones should have slide cream and water bottles.
- Drum line members must have two pairs of matching, taped marching percussion sticks. Heads must be kept in good playing condition and all percussion equipment must be put away after each use.
- Color guard members must have all practice flags, gloves, poles and other auxiliary equipment.

In addition to the above, all brass and wind players are required to purchase a flip folder and lyre appropriate for your instrument. These can be easily purchased at a local music store. Although show music will be memorized, flip folders are required for stands tunes during all home football games. If possible, consider buying all-metal lyres instead of plastic lyres (plastic lyres are more susceptible to breakage and will need to be replaced if they break before the season is over).

ALL FHS Marching Rebels members are expected to have their music with them at every rehearsal (even if it is already memorized). Each student is also required to have a pencil at every rehearsal so that changes can be marked into their music – music is never to be marked with a pen (pencil only!)

School instruments are available to any student who does not have his/her own instrument. In the event of damage to a school instrument, the Director must be informed as soon as possible. Damage to an instrument that is the result of negligence or carelessness of the student will become the financial responsibility of the student to which that instrument was issued.

MUSIC MEMORIZATION (not applicable to color guard)

The field show music must be memorized by all Marching Rebels members. All of these pieces will be made available on the below Google drive well before the beginning of camp, and all titles **MUST** be memorized by the first day of band camp for all (August 7). If you need help memorizing your music, you may talk with your section leader, a drum major, or the Band Director.

Google drive containing all marching show music:

Mp3s: <https://drive.google.com/drive/folders/0B0qRTERV3Yh3cEpFYk83d0FOVDQ>

Sheet music: <https://drive.google.com/drive/folders/0B4IijB4cXrgwNndjNE55a3lFZjg>

The FHS Fight Song, the National Anthem, and other chants, cheers, and stands tunes played during fall football games will be put into a flip folder and will not have to be memorized. These pieces will be given out to students during August band camp.

FUNDRAISERS

Our first fundraiser of the season is a Car Wash scheduled for Saturday, August 12, 2017, 9am-3pm. Students will be assigned two hour shifts by the MB student leaders during band camp. Parent volunteers are needed throughout the day to supervise the car wash. Parents please contact Susan Smullen, FHS Band Booster VP of Volunteers, if you are able to assist with the car wash and/or anything else throughout the year – we can't do what we do without YOU!

Attendance at the August 12th Car Wash is expected of **ALL** FHS Marching Rebels members; the more students we have work the car wash, the more money we make. The FHS Band Boosters provide almost all of the financial support necessary to operate ALL of the FHS ensembles. The Boosters depend on fundraisers such as this one to help support our band and keep our band fees amongst the lowest in Fairfax County. Should the August 12th date need to be cancelled due to inclement weather, an email will be sent informing all of the cancellation. Last year we raised about \$2,000.00.

The band's major fundraiser of the year is **Tag Day**. This year it will be held on Saturday, September 9, 2017 from 8:00 a.m. until approximately 4:00 p.m. **All band members are expected to take part in this important event which raised \$24, 000 last year!**

PARENT VOLUNTEER OPPORTUNITIES

Volunteers of all abilities are needed for all FHS bands to have a successful season! Regardless of whether you may be able to volunteer for various events, there are still simple and easy ways in which you can support the FHS Bands and the Marching Rebels:

- Attend the FHS football games and marching competitions. Wear FHS blue and cheer on our band!

Nothing raises the morale of the performers more than a loud and supportive crowd.

- Purchase FHS Bands spirit wear.
- Support the Band Boosters and the various band fundraisers. These fundraisers are critical to ensuring that the band has the funds it needs to provide excellent musical instruction to our students.
- Talk up the band to friends and co-workers. Invite others to concerts, football games and other performances and tell them about what the FHS bands are doing.

Volunteer information tables will be set up prior to the Parent Preview and Orkney meeting on August 15th – please stop by to talk to Band Booster board members and learn more about volunteering.

COMMUNICATIONS

Band Website: www.fhsbands.org

Band Facebook group: Fairfax HS Band

Please bookmark our website in your browser and check it often for updates. Last minute news, trip updates and pictures are usually posted in the Facebook group. A weekly band newsletter is sent out most weeks during the school year (it is sent out every week during Marching Band season) and additional e-mails may also need to be sent. Please ensure the Marching Rebel student and at least one parent have their contact e-mails in Charms – the newsletter and additional e-mails are sent ONLY to the e-mails addresses in Charms.

Students and parents are responsible for abiding by any changes that may occur mid-season – these changes will be announced by e-mail or weekly newsletter and on the band website.

A SUCCESSFUL MARCHING SEASON BEGINS WITH YOU! REBEL PRIDE!

Check List for Summer Band Camp at FHS:

Prepare ahead of time.

___ FHS football players have commented that the marching band works as hard if not harder in preseason practice than the football team does. Spend time being active over the summer in order to prepare for the physical challenge of marching band.

___ Memorize your music

Day One:

___ Eat breakfast (please don't underestimate the importance of this)

___ Hydrate well before practice

___ Dress appropriately – athletic shoes, **white** t-shirt, cool/ loose-fitting shorts, **sunscreen**

Bring with you:

___ WATER - bring a filled water bottle to refill throughout the day

___ Lunch (mini cooler or cold sack for lunch storage recommended)

___ A snack

___ Your music (even if it is memorized)

___ Pencil

___ Instrument and all required accessories (see **EQUIPMENT** section of handbook)

Day Two and ever after:

___ Eat breakfast (please don't underestimate the importance of this)

___ Hydrate well before practice

___ Dress appropriately – athletic shoes, **white** t-shirt, cool/ loose-fitting shorts, **sunscreen**

Bring with you:

___ WATER - bring a filled water bottle to refill throughout the day

___ Lunch (mini cooler or cold sack for lunch storage recommended)

___ A snack

___ Your music (even if it is memorized)

___ Pencil

___ Instrument and all required accessories (see **EQUIPMENT** section of handbook)

___ The provided 3-ring binder with clear plastic sheet protectors

MARCHING REBELS CALENDAR AT A GLANCE

7/31-8/4	Percussion Camp (8:00 am-4:00 pm)
7/31-8/1	Leadership Camp (8:00 am-4:00 pm)
8/1 (Tues)	DCI Annapolis- will likely affect camp release times
8/2-8/4	Rookie Camp (8:00 am-4:00 pm)
8/8	New Parent Meeting- 7:00 pm
8/7-8/11	Band Camp (Full Ensemble) (8:00 am-5:00 pm)
8/12	Car Wash Fundraiser
8/14-8/18	Band Camp (Full Ensemble) (8:00 am-5:00 pm)
8/15	Volunteer Fair/Parent Preview/ Orkney Meeting (6:00 pm)
8/21-8/24	Orkney Away Camp
8/24	Rebels Reunite & Orientation
8/25	FB vs McLean, 7:00 pm (report @ 5:45 pm)
8/28	First Day of School
8/29	First Day of After School Rehearsal (3:30-6:00)
*****Rehearsals are T,W,R through 10/27*****	
9/9	Tag Day Fundraiser (8:00 am) **ACT test date
9/15	Homecoming Parade/FB vs. Hayfield, 7:00 pm (report @ 5:45)
9/22	FB vs. Annandale (report @ 5:45 pm)
9/23	US BANDS Contest @ Herndon **
9/27	Woodson Showcase
10/7	BOA Delaware Contest @ Univ. of Delaware **SAT Test date
10/9	Rehearsal 12:00-2:20
10/13	FB vs. Robinson, 7:00 pm (report @ 5:45) Middle School Nigh
10/20	FB vs. Lake Braddock, 7:00 pm (report @ 5:45 pm)
10/21	VBODA Assessment/JMU Parade of Champions Contest
10/29	Mosby Woods Parade

**Please be aware of ACT and SAT test dates and do not register for these dates because they are mandatory Band dates.

A detailed schedule for each competition will be distributed approximately one week before Saturday Competition.

FORMS CHECKLIST

Form #	Form Description (all forms are required EXCEPT if noted below)	Due Date	Check when Complete
1	MB Show Shirt Form (ALL students must submit this form with size of free t-shirt; also can use this form to order additional t-shirts)	8/7/17	
2	Drillmasters Shoe Order Form (if needed for veterans; ALL rookies must order these shoes except for guard)	8/7/17	
3	Emergency Care Form	First day of camp	
4	Field Trip Authorization Form for routine band trips	8/15/17	
5	Medication Authorization Form for OTCs	8/15/17	
6	Medication Authorization Form for Prescribed Medications (if needed)	8/15/17	
7	Epinephrine Authorization Form (if needed)	8/15/17	
8	Inhaler Authorization (if needed)	8/15/17	
9	Uniform OR Color Guard Rental and Care Agreement	8/15/17	
10	Field Trip Authorization Form for Away Camp	8/15/17	
11	Activities Authorization/Instrument Inventory	8/15/17	
12	FCPS Field Trip Luggage Search Form	8/15/17	
13	Away Camp Medication Schedule Form (if needed)	8/15/17	

FEES CHECKLIST

Fee Description	Amount Due	Make Checks Payable to:	Due Date	Check When Complete
Extra MB Show Shirt(s)	\$12 for S-XL, and \$14 for anything 2XL and up	FHS Band Boosters	8/7/17	
Drillmasters (all rookies except guard, and veterans who need new shoes)	\$33.50	FHS Band	8/7/17	
MB Pre-Season fee	\$240	FHS Band	8/07/17	
MB Activity Materials fee	\$170	FHS Band	9/17/17	
